

**2010 Power Smart Manitoba Winter Games
Sport Schedule (8 Sheets)
CURLING**

<u>Division 1</u>	<u>Women</u>	<u>Men</u>
A - Winnipeg Gold	Birchard	Shaw
B - Central	Angers	Gall
C - Norman	Iles	Lucien
D - Westman	Curle	Mustard

<u>Division 2</u>	<u>Women</u>	<u>Men</u>
E - Winnipeg Blue	Peterson	Dunstone
F - Parkland	Brezden	Murray
G - Interlake	Jahns	Lott
H - Eastman	Black	Peters

Cross Over Playoff	1st Div 1 vs 2nd Div 2
	1st Div 2 vs 2nd Div 1

Wednesday March 10, 2010

1:30 PM	Team Meeting										
2:00 PM - 2:30 PM	Meeting Room Introduction to the Canada Games Requirements Qualifications (players and coaches)										
2:45 PM	Pre Game Practice										
3:15 PM	Pipers										
3:30 PM	<table border="1"> <thead> <tr> <th>Women</th> <th>Men</th> </tr> </thead> <tbody> <tr> <td>Winnipeg Gold vs Westman</td> <td>Winnipeg Gold vs Westman</td> </tr> <tr> <td>Central vs Norman</td> <td>Central vs Norman</td> </tr> <tr> <td>Winnipeg Blue vs Eastman</td> <td>Winnipeg Blue vs Eastman</td> </tr> <tr> <td>Parkland vs Interlake</td> <td>Parkland vs Interlake</td> </tr> </tbody> </table>	Women	Men	Winnipeg Gold vs Westman	Winnipeg Gold vs Westman	Central vs Norman	Central vs Norman	Winnipeg Blue vs Eastman	Winnipeg Blue vs Eastman	Parkland vs Interlake	Parkland vs Interlake
Women	Men										
Winnipeg Gold vs Westman	Winnipeg Gold vs Westman										
Central vs Norman	Central vs Norman										
Winnipeg Blue vs Eastman	Winnipeg Blue vs Eastman										
Parkland vs Interlake	Parkland vs Interlake										
"EMPOWER HOUR" 7:00 PM											

Thursday March 11, 2010

8:30 AM	Pre Game Practice										
9:00 AM	<table border="1"> <thead> <tr> <th>Women</th> <th>Men</th> </tr> </thead> <tbody> <tr> <td>Winnipeg Gold vs Central</td> <td>Winnipeg Gold vs Central</td> </tr> <tr> <td>Norman vs Westman</td> <td>Norman vs Westman</td> </tr> <tr> <td>Winnipeg Blue vs Parkland</td> <td>Winnipeg Blue vs Parkland</td> </tr> <tr> <td>Interlake vs Eastman</td> <td>Interlake vs Eastman</td> </tr> </tbody> </table>	Women	Men	Winnipeg Gold vs Central	Winnipeg Gold vs Central	Norman vs Westman	Norman vs Westman	Winnipeg Blue vs Parkland	Winnipeg Blue vs Parkland	Interlake vs Eastman	Interlake vs Eastman
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12:00 PM - 2:00 PM	Individual Video Analysis (set up by team and time) Coaching development										
2:30 PM	Pre Game Practice										
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Parkland vs Eastman	Parkland vs Eastman										
Winnipeg Blue vs Interlake	Winnipeg Blue vs Interlake										
6:30 PM	Meeting Room Team Dynamics Sport Psychologist Fitness Biomechanics										
"MPI NIGHT" 7:00 PM											

Friday March 12, 2010

8:30 AM	Pre Game Practice
9:00 AM	Tie Breakers
11:30 AM	Pre Game Practice
12:00 PM	Semi Final
2:30 PM	Pre Game Practice
3:00 PM	Playoffs (5-8 place)
5:30 PM	Meeting Room Skill Development Canada Games Selection Process
"DANCE" 8:00 PM	

Saturday, March 13, 2010

9:30 AM	Pre Game Practice
10:00 AM	Gold Medal Game (3 & 4)
12:30 PM	Awards Presentation